

Sample

Raising Aspirations  
Supporting Resources  
Being Independent

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# Introduction

This resource pack has been created to support the delivery of the Raising Aspirations module Being Independent.

The pack contains a selection of worksheets and templates to provide evidence for activities undertaken in each section of the module book. Generic resources have also been included to support activities in any section as appropriate.

## Gathering evidence

There is not a set format for evidencing. All learners have different strengths and different ways of accessing the Raising Aspirations modules, so there is no prescriptive format or method for evidencing work. This flexibility can be bewildering at first and one way of combating the uncertainty is to ask yourself the following questions when you add work to the evidence folder:

- Does this piece of work demonstrate the skills that the section or activity is asking for?
- Does this piece of work show what the learner can do?
- If the learner is sharing this piece of work with someone else, is there enough explanation to show what they have actually done?
- Has enough care been taken to ensure that the way the work is presented shows the learner's achievements as fully as possible?

If you can answer 'yes' to all of these questions then your learner has produced work that will amply meet the requirements.

## What evidence is acceptable?

All the Raising Aspirations modules explain at the outset that evidence can take a variety of forms. For example:

- photographs
- videos
- worksheets
- audio recordings

It is not a requirement to use all of the above methods but it is expected that a variety of methods will be used to show the diverse ways that the module has been accessed.

Nor is the above list of methods exhaustive. As a practitioner, you will choose the methods that best suit your learners and show their strengths. For example, if a learner cannot communicate verbally then you will not choose to make an audio recording of their response, however their gestural response could be captured on video.

## Section 1: Personal information

### One-page profile

Name:

Date:

I communicate by

Picture or photo

I like

I don't like

I can do these things on my own

I need help to

Help me by

If I get upset, support me by

I have already achieved

In the future, I would like to

## Section 2: Jobs I do at home

### Jobs around the home

Name:

Date:

Show the jobs you do to help out at home:

washing clothes



drying clothes



ironing clothes



washing up



loading and  
unloading the  
dishwasher



cleaning your room



vacuuming



sorting recycling



gardening



# Section 3: Using kitchen appliances

## Technology in my kitchen

Name: \_\_\_\_\_

Date: \_\_\_\_\_

Show items of technology you use in your kitchen.

\_\_\_\_\_

How it is used safely:

.....

.....

.....

.....

.....

\_\_\_\_\_

How it is used safely:

.....

.....

.....

.....

.....

\_\_\_\_\_

How it is used safely:

.....

.....

.....

.....

.....

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## Section 6: Dangers

### Dangers in the bathroom

Name:

Date:

Show the areas and items that could lead to accidents in this bathroom:



Suggest things you could do to make this bathroom safe:

.....

.....

.....

.....

.....

.....

# Being Independent

## Activity log

Name:

Section/activity:

What I did:

Date:

<input type="text"/>	→	<input type="text"/>
<input type="text"/>	→	<input type="text"/>
<input type="text"/>	→	<input type="text"/>
<input type="text"/>	→	<input type="text"/>
<input type="text"/>	→	<input type="text"/>
<input type="text"/>	→	<input type="text"/>
<input type="text"/>	→	<input type="text"/>
<input type="text"/>	→	<input type="text"/>

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