



Towards Independence

Going to College

Name:

Contents

Welcome	1
Record Boxes	2
Tutor Notes	3
Record of Activities	4
Levels of Support	6
Section A: Signs and places in college	8
Section B: Eating and drinking places	10
Section C: Having a meal in college	12
Section D: Having a meal in college	14
Section E: Things to do in college	16
Section F: Looking after your personal items in college	18
Section G: Sorting out difficulties in college	20
Section H: Project	22
Module Review	24
Next Steps	25

This module has been developed as the result of collaborative work between ASDAN and practitioners delivering the Towards Independence programme. Our thanks go to all those who contributed to the development of these materials.

DISCLAIMER:

Personal information, photographs and videos of students and staff are classed as personal data under the terms of the Data Protection Act 1998. The use of such information as portfolio evidence for ASDAN Programmes or Qualifications will require centres to obtain consent from students, parents and carers. ASDAN does not pass on, or use in any way, materials provided by centres, unless given permission to do so for publicity or training purposes.

Welcome

You are starting a module called

Going to College

In doing the activities in this module you will be asked to:

- say
- show
- choose
- make things

You can say things by talking or signing, or by using any other means to let someone know what you want to say.

You can choose and show things by using:

- pictures
- digital recording
- other means
- photographs
- computer

or by telling someone else so they can write or do it for you. All the way through you can have as much help as you need.

As you complete each activity, you or your tutor can tick the box shown alongside the activity and the corresponding box on the **Record of Activities** page.

When you have finished the module, remember to complete the **Module Review** and **Next Steps** at the end of the book.

Record Boxes

At the end of each section you will find a page of record boxes:

This box can be used by your tutor to write an extra activity for you to do. This might ask you to practise some of the skills you have already shown, or it might ask you to do an extension activity.

This box can be used in any way to show your achievements throughout the section. It might also show what you need to work on next.

This box can be used to record your achievement by allocating a P level or other descriptor and subject area.

This box shows skills you have used well. These might be Basic Skills, Key Skills or other important life skills.

This box shows what sort of help you had.

This box shows where the work is kept in your ring binder (or other place).

The form contains the following fields:

- Activity: (with an optional label)
- Comments: Tutor/Supervisor/Learner (with an optional label)
- P level or other centre assessment tool: (with an optional label)
- Subject area:
- Level of support:
- Skills:
- Evidence ref:
- Verified by:
- Date:

Your tutor will sign and date these boxes when all the other boxes have been filled in.

Levels of Support

Ask your tutor to talk to you about these:



NH No Help – you can do things on your own



SH Spoken/Signed Help – you are helped by someone speaking or signing suggestions to you



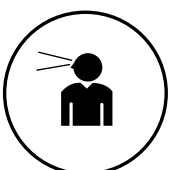
GH Gestural Help – you are helped by someone using hand signals or other gestural prompts



PH Physical Help – you are helped by someone holding you and/or helping you to move



SE Sensory Experience – you are given the opportunity of being involved through a sensory experience, e.g. hearing, touch, sight or taste



ER Experience Recorded – you are provided with an experience of the activity but are unable to take part

Section A:

Signs and places in college

1 Show the different signs and places in your college.

2 With a partner, find your way to Reception.

3 Find out what happens at Reception in your college.

4 Show you know the signs for the:

- men's toilet
- women's toilet
- disabled toilet

5 Show you know which toilet to use.

6 Find the toilets nearest to your workroom. Make sure they are the right ones for you to use.

7 Show you know the number or name of your workroom.

8 Show you know what to do if the fire alarm sounds.

9 Show you know where the fire exits are.

✓

Section A:

Signs and places in college

Activity:

optional

Comments:

Tutor/Supervisor/Learner

optional

P level or other centre assessment tool:

optional

Subject area:

Level of support:

Skills:

Evidence ref:

Verified by:

Date:

Section E:

Things to do in college

- 1 Show you know where the college library is.
- 2 Find out what you need to do to join.
- 3 Join the library.
- 4 Take out a:
 - book
 - magazine
 - newspaper
 - DVD or CD
 - other
- 5 Show you know where the leisure or sports centre is.
Find out what sports you can do.
- 6 Show you know where the Students' Union office is.
Find out what things they can do for you.
- 7 Make a list of things you would like to try in college.



Section E:

Things to do in college

Activity:

optional

Comments:

Tutor/Supervisor/Learner

optional

P level or other centre assessment tool:

optional

Subject area:

Level of support:

Skills:

Evidence ref:

Verified by:

Date:

Section H:

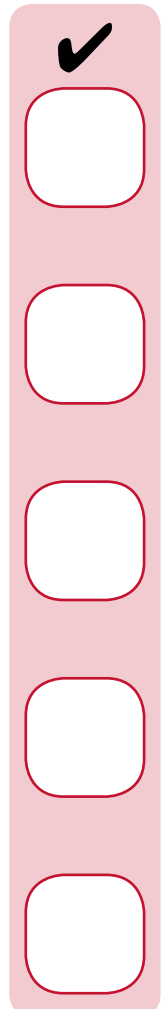
Project

In this section you can choose your own activity.

Here are some ideas:

- Try out a new activity
- Invite someone to have lunch with you
- Take part in a careers interview
- Help out at an open evening or event at college
- Show a visitor around college
- Other

- 1 Decide what your project will be.
- 2 Plan your project.
- 3 Make a list of the things you need.
- 4 Do your project.
- 5 Show what went well in your project.



A vertical bar on the right side of the page, containing a checkmark at the top and five empty rounded square boxes below it, likely for tracking progress.

Section H: Project

Activity: optional

Comments: optional
Tutor/Supervisor/Learner

P level or other centre assessment tool: optional

Subject area:

Level of support:

Skills:

Evidence ref:

Verified by:

Date:

Next Steps

My next challenge:

Activities and modules that will help:

Who can help me and when:

Remember to record that you have completed this module and review on the **Record Page** in your **Starting Out** module.

Learner signature:

Tutor/supervisor signature:

Date:

Sample



TISM07/1

© ASDAN 2011, 2015, Wainbrook House, Hudds Vale Road, St George, Bristol BS5 7HY
t: 0117 941 1126 | e: info@asdan.org.uk | www.asdan.org.uk
[@ASDANeducation](https://twitter.com/ASDANeducation) | facebook.com/ASDANeducation